



Para-Athletics Wellness Program

August

26th Archery Clinic 8AM @ Coonskin beside Driving Range/Golf Practice 11:15AM @Coonskin Golf Course

September

2nd 9th 16th 23rd Archery Clinic 8AM @ Coonskin beside Driving Range

2nd 16th Golf Practice /9th Mock Golf Competition /23rd Golf Championship (all golf @11:15AM @Coonskin Golf Course)

10th 17th 24th Swim Practice 5PM-&PM @ YMCA

16th Tennis 12PM-1PM @YMCA

October

1st 8th 15th 22nd Swim Practice 5PM-&PM @ YMCA

7th 28th Tennis 12PM-1PM @YMCA

November

4th 18th Tennis 12PM-1PM @YMCA

December

9th 16th Tennis 12PM-1PM @YMCA

*Registration Begins August 21st
go to www.ymcaofkv.org

